



SANTA BARBARA COUNTY  
DEPARTMENT OF  
**Behavioral Wellness**  
A System of Care and Recovery

## Family Service Program Intake Form

Your answers to the following questions are confidential and will help us understand the diversity of who we are serving.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Email Address (Optional): \_\_\_\_\_

Consumer Name (Family Member/Loved One): \_\_\_\_\_ Age: \_\_\_\_\_

Your Relationship to the Consumer: \_\_\_\_\_

Name of Agency That Referred You to Our Program: \_\_\_\_\_

In Case of an Onsite Medical Emergency, Please Provide the Following:

Emergency Contact Name: \_\_\_\_\_

Phone: \_\_\_\_\_

1. What is your age group?

- 0-15 y/o
  26-59 y/o  
 16-25 y/o
  60+ y/o  
 Prefer not to answer

2. What sex were you assigned on your original birth certificate?

- Male
  Other: \_\_\_\_\_  
 Female
  Prefer not to answer

3. What is your gender identity? Select one that best describes you:

- Male
  Questioning/unsure of gender identity  
 Female
  Another gender identity: \_\_\_\_\_  
 Transgender
  Prefer not to answer  
 Genderqueer

4. What is your sexual orientation identity? Select one that best describes you:

- Heterosexual/Straight
- Gay or Lesbian
- Bisexual/Pansexual/Sexually Fluid
- Queer
- Questioning/unsure of sexual orientation
- Another sexual orientation: \_\_\_\_\_
- Prefer not to answer

5. What is your primary language?

- English
- Other: \_\_\_\_\_
- Spanish
- Prefer not to answer

6. What is your race? Please select all that apply:

- American Indian or Alaskan Native
- Asian
- African American/African/Black
- Native Hawaiian or other Pacific Islander
- White/Caucasian
- Other
- More than one race
- Prefer not to answer

7. What is your ethnicity? Please select all that apply:

- Caribbean
- Central American
- Mexican/Mexican-American/Chicano
- Puerto Rican
- South American
- African
- Asian Indian/South Asian
- Cambodian
- Chinese
- Eastern European
- European
- Filipino
- Japanese
- Korean
- Middle Eastern
- Vietnamese
- Other ethnicity: \_\_\_\_\_
- Multi-ethnic
- Prefer not to answer

8. Are you a veteran?

- Yes  No
- Prefer not to answer

9. Are you experiencing homelessness?

- Yes  No
- Prefer not to answer

10. Do you have any disability? If yes, please select all that apply.

*(A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a severe mental illness.)*

- |  |  |
|--|--|
| <input type="radio"/> No, I do not have any of these disabilities    | <input type="radio"/> Dementia                 |
| <input type="radio"/> Difficulty Seeing                              | <input type="radio"/> Physical Mobility        |
| <input type="radio"/> Difficulty hearing or having speech understood | <input type="radio"/> Chronic Health Condition |
| <input type="radio"/> Learning Disability                            | <input type="radio"/> Other Disability: _____  |
| <input type="radio"/> Developmental Disability                       | <input type="radio"/> Prefer not to answer     |

Would you like to be added to our mailing list (Newsletter)?:

- No  Yes

Would you like to be able to correspond with staff via text or email? (If yes, please sign the 2<sup>nd</sup> page Notice of Privacy Practices to release permissions):

- Yes
- No

I understand that the services I receive through TMHA programs are completely confidential and provided free of cost through Mental Health Services Act funding and private donations.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

If you would like a Family Services Staff Member to be able to reach you through text or email, please fill out the following optional section:

\_\_\_\_\_  
Client's Cell Phone Number

\_\_\_\_\_  
Cell Phone Carrier

\_\_\_\_\_  
Client Email Address

The following providers may exchange health related information with me via text message and email:

Family Services Staff Members: Vivian Soul, Fernando Vasquez, Maria Perez, Zandra Alfaro-Olea, Mayra Valencia, Melanie Davenport, Ana O'Sullivan, Shawn Ison.

**NOTE:**

**Signing this document authorizes the exchange of health information between client and provider via text messaging and via e-mail.**

Please read all of the cautions below:

- Communication by text and/or e-mail may not be secure and private. Understanding this risk, you are voluntarily requesting this form of communication.
- If your situation is important or time-sensitive and needs immediate attention, do not rely on text message or e-mail. Electronic communications will only be returned during business hours, Monday through Friday, 8:00 a.m. to 5:00 p.m. (excluding holidays). If you have sent an electronic message to your provider and have not had a response within 48 hours, please contact your provider by phone.
- Communication by text will be limited to scheduling and logistics only. If communication is initiated, which includes clinical information, TMHA Staff is responsible for switching to in- person or phone (voice) discussion.
- Electronic communication will not be used for crisis services or to communicate clinical information.  
If you are having a crisis, Call 911 or call TMHA hotline at (800) 783-0607.
- If you change your phone number or e-mail address, you must notify the Health Agency.

I request and authorize the San Luis Obispo County Department of Behavioral Health or the Santa Barbara County Department of Behavioral Wellness to exchange limited information with me about my healthcare via text messaging and e-mail. I have read and understand this Request and Authorization to Share Information via Electronic Means between Provider and Client.

\_\_\_\_\_  
**Print Client Name**

\_\_\_\_\_  
**Client or Legal Representative Signature**

\_\_\_\_\_  
**Date**